



Development Committee

Volunteering Portfolio 2019-2020





United Nations Student Association Maastricht

UNSA is a non-profit and interfaculty organization whose objective is to promote the UN spirit to the students of Maastricht University. We have a lot to offer for internationally minded students, including lectures, debates, local and global volunteering opportunities, social events, workshops, our student journal *The Maastricht Diplomat*, and our Model United Nations conference, EuroMUN. The organization of all of our activities is done by the different committees that make up the UNSA: Delegations, EuroMUN, Development, External Affairs, Events, Journal, and Marketing & Communication.

The Development Committee

The Development Committee is specifically focused on creating volunteering opportunities for students both in Maastricht and abroad, as well as organizing fundraising events to support our partner NGOs financially. The Committee is divided into two sub-committees: *The Fundraising Team*, and the *Volunteering Network Team*. The latter is responsible for maintaining and expanding our network of partner NGOs to offer the students in Maastricht a variety of volunteer opportunities. Our current partnerships are presented in this portfolio.

Volunteering with **unsa**

One of UNSA's objectives is to raise awareness about and contribute to the implementation of the United Nations Sustainable Development Goals (you can find more information about the SDGs here: <https://sustainabledevelopment.un.org>). Through volunteering at one of our partner NGOs, you will be able to work in projects that are linked to one or more of the SDGs, including reducing poverty, hunger and inequality as well as promoting good health, well-being, and education.

Volunteering is a great way to get insights into the work of NGOs, and we are proud to be working with organizations located all over the world and operating in a variety of fields. We offer positions which include working on projects concerned with active citizenship and political education, animal care and agricultural products, local democracy, health and nutrition, women's empowerment, and the elderly. The variety of projects shows that there are many ways to get involved in development work and to contribute in a field of your interest.

Volunteering abroad will not only give you the chance to get to know another culture or to improve your language skills: it will allow for personal growth by challenging your beliefs through the interaction with another community and increase your awareness of development issues.

UNSA does not support "voluntourism" – that means, we make sure that the organizations we work with, do not make any profit out of the volunteers. Instead, we strive for co-operations that are beneficial for the NGO, the volunteer, and of course the local communities they work with.

Our team members will guide you through the process of preparing your stay abroad and will provide you with information about your work, language and visa requirements, cultural specificities, etc.

Application process

This portfolio offers you an overview of all the NGOs that we currently cooperate with. For more information, you can visit their websites. Also, at the end of each description you can find the email address of the contact person from the UNSA Development Committee for the specific NGO. You can contact him or her in case you have any more questions regarding the NGOs work or requirements to volunteer. Once you have found an NGO that you would like to volunteer at, you are ready to apply:

Steps to apply:

1. Fill out the following [form](#)
2. Send a letter of motivation and your CV to development@myunsa.org. The deadline for applying is *February 29th, 2020*
3. Pay the deposit of 45€ by transferring the amount to the following bank account:

IBAN: NL39INGB0006188015

BIC: INGBNL2A

***When transferring the sum please state your name and the reason for the transfer!**

Your deposit will be refunded and transferred back to you if:

- You do not get accepted for the volunteering/internship position by the NGO you have applied to.
- You got accepted for the volunteer/internship position at the respective NGO you have applied to and have booked the flight and prepared sufficiently for your departure and stay at the NGO such as your Visa, accommodation, flight tickets, vaccinations etc.

You will not be refunded if:

- You have applied and got accepted by the NGO you have applied to, but do not take the position.
- You do not prepare for your stay and cancel your place shortly before your departure.

4. You will receive an invitation for a short introduction interview after the deadline

We are looking forward to your application!

Our Partner NGOs

Asia

ABC's and RICE (Cambodia, Krong Siem Reap)

Centre for Sustainable Development Studies CSDS (Vietnam, Hanoi)

Taiwan Life Aesthetics Development Association TLADA (Taiwan)

Educational, Research and Development Assistance Foundation ERDA (Philippines, Namur)

PREDA Foundation (Philippines, Negros Oriental)

Saceda Youth Lead (Philippines, Dumaguete City)

Kavya School (Nepal, Kathmandu)

Africa

Maventy Health International (Africa, Madagascar)

Project Aid the Gambia (Africa, Gambia)

South America

Belize Zoo (South America, Belize)

Operação Brasil (South America, Brazil)

Colombianitos (South America, Colombia)

Fundación Proyecto Unión, (South America, Colombia)

Intiwawa (South America, Peru)

Europe

ALDA: European Association for Local Democracy (Europe, multiple locations)

Citizens of Europe (Europe, Germany)

Petits Frères des Pauvres (Europe, France)

ABC's and Rice, Cambodia

About ABC's and Rice

ABCs and Rice was started 10 years ago by Tammy Durand from Ontario, Canada. It is located in the Poom Sala and Kroligne area of Siem Reap. They currently assist over 200 students and their families, through food and education. It is their mission to activate global awareness and helpful resources on the plight of those caught in a cycle of poverty. Moreover, they want to initiate and operate effective community projects, based on the concept of educating children in their native culture and English literacy, while concurrently nurturing the physical and psychological well-being of the children and their families.

What you will be doing

As a volunteer, you will be working at the campus of the ABC's and Rice, and teach children from the ages of 4-16 in English. No specific skills in relation to children are required; however, volunteers are expected to be motivated, responsible and willing to teach.

Contact Information

Website: <https://www.abcrice.org>

Contact: Laura Klinker - lauraklinker@live.nl

Centre for Sustainable Development Studies (CSDS), Vietnam

About CSDS

The Centre for Sustainable Development Studies (CSDS) is an umbrella NGO which collaborates with several NGO's and projects in and around Hanoi. These NGO's and projects focus on human development issues in Vietnam, such as women/youth empowerment, environmental consciousness and education.

What you will be doing

As a volunteer, you will be working for CSDS, either for the NGO itself or for one of the many partner projects around Hanoi. The projects are focused on working with disabled children and English teaching-assistance. As a volunteer you will be creating a fun and nurturing environment for the children and students. During working hours and leisure time, you have the opportunity to interact with locals from all over Hanoi and experience the true, unfiltered culture while making a difference in people's lives.

Contact Information

Website: <http://csds.vn/>

Facebook: <https://www.facebook.com/CSDS.VN/>

Contact: Rochelle Caruso – rochelle.caruso93@gmail.com

Taiwan Life Aesthetics Development Association (TLADA), Taiwan

About TLADA

At Taiwan Life Aesthetics Development Association (TLADA) we believe that agriculture is essential for the survival of the modern world and that it plays a critical role in the entire life of any given economy. We are passionate about improving the lives of farmers in Taiwan, in addition to the well-being

of all Taiwanese people. Our mission is to support and promote organic agricultural awareness, by using service-based learning and sustainable development projects. Neuroscientists' studies show that giving is an act of selfishness. Scientifically speaking: the more we help other people, the more Dopamine our brains produce. This not only helps us feel good as we serve others, it also helps improve our immune system! You can start by stepping into the countryside and embracing our land. Like our ancestors, you too can befriend the soil, understand the ecosystem, and learn to appreciate the origin of your food. You can learn how to maintain organic and sustainable crops; and see first-hand how farming can help you achieve a balanced mind and body.

What you will be doing

As part of the Agro-living Wellness Projects, you can offer your time and effort to our local farmers, community, the environment, and to yourself. Not only are you providing a gift to others by helping, you are also participating in a happy, healthy process where everyone can benefit.

Contact Information

Website: <https://www.agrolivingwellness.com/eng-home>

Facebook: <https://www.facebook.com/agro.livingwellness>

Contact for queries: Tara Bevan – tarabevan16@gmail.com

Educational, Research and Development Assistance Foundation (ERDA), Philippines

About ERDA

With more than 40 years of experience, ERDA has been working towards a world in which marginalized Filipino children and youth have access to quality education. More than 800,000 have been helped and its operation reaches nationwide through tie-up with other organizations. Education, family and community support are three main areas of focus. ERDA is located at Quezon City but volunteers usually work in Tondo, Manila.

What you will be doing

As a volunteer, you will be working on the educational part of ERDA. In other words, you will be working with children who generally do not have access to education, mainly teaching them English. Furthermore, you will be taking care of them in their daily life – play with them, keep them busy, etc. It is required to be hard working and patient. Working in teams, friendliness will also be valued. Experience with children is a plus, but not required!

Contact Information

Website: <https://erdafoundation.wordpress.com/about/>

Facebook: <https://www.facebook.com/erdafoundation/>

Contact: Edla Aittokallio - edla.aittokallio@gmail.com

PREDA Foundation, Philippines

About Preda Foundation

Preda Foundation is a Philippine human rights social development organization working since 1974 with its main office in Upper Kalaklan, Olongapo City. The foundation is working to give freedom and a new lease of life to girls rescued from the streets, brothels, human traffickers and sex offenders. In

addition, PREDA rescues young boys from government detention cells where they are bullied, physically and sexually abused and deprived of their children's rights. The foundation aims to give the children a new life of dignity and self-esteem. Furthermore, a fair-trade initiative has been launched to help the native population and reduce poverty. PREDA has been nominated four times for the Nobel Peace Prize and received numerous international Human rights awards.

What you will be doing

PREDA offers volunteering and internship possibilities. As a volunteer, you will handle daily assignments in the home for abused children. You can join the PREDA- Team of social workers in the home for boys and the home for girls. Volunteers are able to accompany the staff members to jail and to help them to rescue children from detention. They are also welcomed to organize different activities for the children such as sports, games, learning activities, arts, music, etc. Furthermore, the volunteers are able to go camping in the village of the Aeta indigenous community and help them with the harvest. The internship is primarily for the benefit of the student to attain grades for the University achievement and enable them to their research and study. The internship can be conducted in the fields of social work, social sciences, psychology, human rights, international law or fair trade. It is necessary to have leadership and teamwork skills. Also, honesty, integrity, flexibility and adaptability, as well as a sufficient level of English are required.

Contact Information

Website: <http://www.preda.org/de/>

Facebook: <https://www.facebook.com/whoisfrshaycullen/?rf=208411342559155>

Contact: Edla Aittokallio - edla.aittokallio@gmail.com

Saceda Youth Lead, Philippines

About Sacheda Youth Lead

Saceda Youth Lead is a recognized NGO on youth empowerment and development. Their main objective is to strengthen communities by building leadership through education and social action. So far, in partnership and with the recognition of the National Youth Commission, Department of Education, and Commission on Higher Education, SYL has empowered more than 200, 000 youths and teachers in all its programs and activities in the Philippines, Singapore, and the ASEAN region. SYL has its own leadership center for its various trainings and programs. It has opened its own leadership high school in Dumaguete, Philippines. It runs 60 annual programs in training and development, ventures and international exchange.

What you will be doing

As a volunteer, you can teach at the high school and empower kids and youths from all over the Philippines and the ASEAN through the training department. No specific skills are required, you will teach what you are good at (and so depending on what you study).

Contact Information

Website: <http://sacedayouthlead.blogspot.nl/>

Facebook: <https://www.facebook.com/sylsaceda/>

Contact: Juliette Lartigau – juliette.lartigau@laposte.net

Kavya School, Nepal

About Kavya School

Kavya School is an NGO located in Kathmandu, Nepal. It is a day and boarding school for children up to the 10th grade. It offers children from different socio-, political-, and economic backgrounds the opportunity to develop academic as well as personnel skills. A main objective is to support chil-

dren becoming responsible, self-respecting and global thinkers. Parents and teachers are supposed to create the curriculum and to be actively involved by teaching the children.

What you will be doing

As a volunteer you will be working and living at the campus of Kavya School. You will teach children depending on your expertise and/or field of studies. For your volunteer work no specific skills are required. Nevertheless, you should be open-minded, responsible and motivated as well as confident and willing to teach. Please visit the school's website for further information

Contact Information

Website: <http://kavya.edu.np/>

Facebook: <https://www.facebook.com/KavyaSchoolNepal/>

Contact: Samantha Mack s.mack@student.maastrichtuniversity.nl

Maventy Health International, Madagascar

About Maventy Health

Maventy is a mobile medical program based in existing clinics geared toward measuring, identifying, and treating malnutrition in young children, while also offering basic primary care, screenings, and immunizations using locally available resources. They also work in the development and modernisation of medical treatments and care, malaria prevention and women's health.

What you will be doing

Volunteers most frequently assist in child malnutrition assessment, child immunizations at the clinic, data collection, and data entries for a malnutrition database. Also, they assist women's health checks, prenatal visits, deliveries, general clinic work, patient assessment and treatments, infrastructure improvements, IT, building renovations, and work in general. The opportunity to volunteer in these aspects are not restricted to any field. However, for clinical work, some medical knowledge is required and thus only FHML students can volunteer. For more information, visit their official website.

Contact information

Website: <http://maventy.org/>

Contact: Aria Jadhav - a.jadhav@student.maastrichtuniversity.nl

Project Aid the Gambia (Jahaly Health Center), Gambia

About Project Aid the Gambia

Project Aid the Gambia started off with a health centre in Jahaly and gradually expanded by founding social and gardening projects in the area. The NGO's mission is to help people help themselves by concentrating on the essentials: health, education and nutrition. Project Aid Gambia is one extraordinary non-profit, this international, non-governmental organisation operates in the areas of health, agriculture and education with an ultimate aim of education and poverty eradication. The goal is pursued through programs such as building schools, gardens, and looking after children.

What you will be doing

Volunteers can either work at the Kindergarten, at the Health Centre or the main office near Gambia's capital. In the kindergarten, the volunteers assist teachers in preparing children for primary

school. The Health Centre offers various areas, for example consultancy or laboratory. The office provides the volunteers with rather organizational tasks and office work. The volunteers are accommodated in a guest house and can eat together with the staff (free). Medical knowledge is required for the Health Centre (not the kindergarten!) – FHML students only. This year places are given on a first come first serve basis. During your stay, volunteers will receive full accommodation and food.

Contact information

Website: <http://buschlinik.de/en/>

Facebook: <https://www.facebook.com/ProjectAidTheGambia/?rf=314123961984399>

Contact: Kennedy Wenz k.wenz@student.maastrichtuniversity.nl

Belize Zoo, Belize

About Belize Zoo

The Belize Zoo and Tropical Education Center exhibits over 175 animals, representing over 45 native species. The Zoo keeps animals which were orphaned, rescued, born at the zoo, rehabilitated animals, or sent to The Belize Zoo as donations from other zoological institutions. As a non-for-profit organisation, functioning in Belizean animal conservation, the Belize Zoo is a sanctuary located in La Democracia upon 29 acres of tropical savanna.

What you will be doing

Volunteers at the Belize Zoo will have the opportunity to participate in animal care along with employed zoo keepers on a daily basis. As such, they will create privileged relationships with the animals. Volunteers will also have the opportunity to assist in educational programs to local primary and secondary schools. Volunteers are expected to be open to a range of tasks. They will be assigned to activities ranging from animal care to educational activities to office administration. Volunteers complete tasks in conservation, rehabilitation, and protection. Volunteers for the Belize Zoo will not only receive food and accommodation, but an allowance of 300\$ per week. No language requirement.

Contact information

Website: <http://www.belizezoo.org/>

Facebook: <https://www.facebook.com/BelizeZoo/>

Contact: Kennedy Wenz k.wenz@student.maastrichtuniversity.nl

Operação Brasil, Brazil

About Operação Brasil

Operação Brasil has been improving the daily life of disadvantaged children from the favelas of Belo Horizonte for the last 19 years. It is a Franco-Brazilian organization, based in Belo Horizonte, working in collaboration with local companies and the city hall of the same city. Operação Brasil works on several projects related to building and construction leading to an improvement and enlargement of the possibilities of education for children in the favelas. For this reason, the projects chosen are usually playgrounds, kindergartens, schools or centers of social assistance. Since last year OPE started a collaboration of many years with the Centro de Assistencia Social Tecendo a Vida. The project is focused on the construction and enlargement of the actual Center who develops a service of coexistence and strengthening of links with children and adolescents. More practically, this center will allow many children to have a safe place to go, have a proper meal, play and study with competent educators every day.

What you will be doing

Every summer, Operação Brasil creates a group of around 15 people that will work and live together

for about a month. They will build the center, spend time with the children and at the same time have the possibility to discover the city and the country. Thanks to little trips and opportunities proposed, as for example lessons of percussions, Samba and Capoeira as well as events organized with local people, the experience provides a social and cultural immersion in the daily life of the community, which fosters great personal, spiritual and professional development. French required.

Contact information

Facebook page OP: <https://www.facebook.com/opbresil/>

Blog/website OP: <http://siteope.wixsite.com/operacaobrasil>

Facebook page of the Centro: <https://www.facebook.com/projetotecendoavida/>

Contact: Anna Marín Estarellas a.marinestarellas@student.maastrichtuniversity.nl

Colombianitos, Colombia

About Colombianitos

Colombianitos integrates education with structured, community-driven programs focused on sports, cultural arts and recreational activities. This unique yet simple combination has inspired thousands of Colombian children (colombianitos) to leave behind their dangerous environments, attend school, meet academic requirements... and Play. All this while learning what are their rights as Colombian citizens, as well as life-long values such as respect, honesty, friendship, tolerance and fair play.

What you will be doing

As a volunteer, you will have the choice to either work within a community, in a classroom or at Colombianitos' office, in Bogota (to do all three is also possible). Children with whom you will work are aged between 6 to 18 years old. Colombianitos has projects at more than fifteen different locations, from which you can choose your favorite one(s). Before your volunteering work has started, you will receive your schedule, which will enable you to plan some excursions around the country. Indeed, free days are possible if demanded in advance. Spanish Level Intermediate (B1) is required. (As a beginner, if you start Spanish lessons from the 2d semester onwards and take some classes in Colombia before starting to work, it will be fine).

Contact information

Website: <https://colombianitos.org/>

Facebook: <https://www.facebook.com/fundacioncolombianitos/>

Contact: Michele Dalla Rosa - micheledallarosa1@gmail.com

Fundación Proyecto Unión, Colombia

About Fundación Proyecto Unión

Being a "Viajero de Esperanza" presents an integral voluntary experience in Colombia whereby every participant can visit this extraordinary country, especially rural areas close to the capital Bogotá like Briceño and Tocancipá. All volunteers stay in the Centro de Vida los Ángeles, the medical centre for comprehensive paediatric care run by Fundación Proyecto Unión. Centro de Vida los Ángeles will be the first centre of its kind in Colombia and the Latin American region, offering highest medical standards and newest technology to provide the best care for the young patients.

What you will be doing

During your time as a volunteer you will get to know the different projects of Fundación Proyecto Unión. Your tasks depending on the needs of the project and your personal interests and will be

discussed with you when you arrive. Usually, you support the pedagogical team, play and realize various activities with the children.

Contact Information

Website: <https://viajerosdeesperanz.wixsite.com/viajerosdeesperanza>

Contact: Laura Klinker - lauraklinker@live.nl

Intiwawa, Peru

About Intiwawa

Intiwawa is a dynamic young organization that fights poverty in the slums of Arequipa, the second largest city in Peru. Their main focus is in a small settlement on the outskirts of Arequipa called San Isidro. There are social, educational, health, and nutrition projects.

What you will be doing

As a volunteer or intern, you can choose in which field you want to work. It is for example possible to teach English, engage in projects strengthening the female autonomy or organize intercultural projects. Spanish Level Intermediate (B1-B2) is required (as a beginner, if you start taking Spanish lessons from the 2nd semester onwards and take some lessons in Peru before starting work, it will be fine).

Contact Information

Website: <http://www.intiwawa.org/>

Facebook: <https://www.facebook.com/IntiWawa/>

Youtube: <https://www.youtube.com/user/intiwawa>

Contact: Simon Linnenbrink – linnenbrinksimon@aol.de

ALDA: European Association for Local Democracy, Belgium and other locations

About ALDA

ALDA is a non-governmental organization dedicated to the promotion of good governance and citizen participation at the local level. ALDA focuses on activities that facilitate cooperation between local authorities and civil society. ALDA has multiple offices across Europe from which you can choose, namely in Brussels, Skopje, Strasbourg, Subotica and Vicenza. For a couple of years now UNSA and ALDA have been cooperating to offer internships in summer. This means to be part of a multilateral decentralized cooperation in which an emphasis is set on strong partnerships between local Authorities and non-governmental organizations.

What you will be doing

Volunteers will work in various themes, such as European integration, decentralization, civic initiatives and volunteering, human rights and sustainable economic development. Along these themes, a set of forms of action, such as coordinating and supporting stakeholders' initiatives, and conducting ALDA's projects is the structure to promoting good governance and citizen participation.

Contact information

Website: <http://www.alda@europe.eu/newSite/>

Facebook: <https://www.facebook.com/ALDA.Europe/>

Twitter: <https://twitter.com/aldaeurope?lang=en>

Contact: Michele Dalla Rosa - micheledallarosa1@gmail.com

Citizens of Europe, Germany

About Citizens of Europe

Citizens of Europe is a politically independent, non-governmental and nonprofit organisation, founded in 2002, which mainly operates from the city of Berlin in Germany. Its main purpose is to promote active European citizenship and political education across Europe. Every year it attracts volunteers from diverse backgrounds to get involved in the achievement of its goals and make Europe a more democratic entity for its citizens.

What you will be doing

Volunteers will have the opportunity to execute a diverse set of tasks – aid the daily office mail correspondence, help the maintenance of social media platforms, prepare and participate in meetings, participate in the organisation's events and even develop their own project. To be suitable for the position, a volunteer needs to be fluent in English, possess some knowledge on the EU, be interested in politics and society and of course have a value for democracy and diversity.

Contact information

Website: <http://www.citizens-of-europe.eu/>

Facebook: <https://www.facebook.com/Citizens.of.Europe/>

Contact: Yordalina Metodieva: – yordalina.metodieva@gmail.com

Petits Frères des Pauvres, France

About Petits Frères des Pauvres

This NGO supports the poor and the elderly. Many projects are offered all over France. Volunteers can choose between a city stay in either Paris or Toulouse which includes home visits and outings, or a holiday trip (within France) with a group of 30.

What you will be doing

Volunteering with PFDP will help you improve your French, discover more of France, and share amazing moments with lovely people who have been left forgotten. The tasks include: Spending quality time with the elders, planning and organizing activities, participating in workshops and group meetings, daily housekeeping.

Contact information

Website: <https://www.petitsfreresdespauvres.fr/>

Facebook: <https://www.facebook.com/lesPetitsFreresdesPauvres/>

Contact: Boris Ishimwe -

Boris.ishimwe@hotmail.com

